

apostas net

(2002), report that the self-esteem of girls (aged between 10 and 13 years), practicing competitive Artistic Gymnastics, was significantly lower than the self-esteem of girls who practice Artistic Gymnastics at a non-competitive level. Therefore, the aim of this study was to investigate psychological differences between Artistic Gymnastic and Parkour practitioners in a sensitive phase such as the pre-adolescent one.

51 The Parkour Group was formed by athletes at non competitive level.