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Vieira and the second or paternal family name is Tavares. In this Portuguese name, the first or maternal family name is and the second or paternal family name is

Jair Veiga Vieira Tavares (born 13 February 2001) is a Portuguese professional footballer who plays as a forward for Scottish Premiership club Hibernian. Tavares has previously played for Benfica and represented Portugal in youth internationals.

Career [edit]

Tavares came through the Benfica youth system, and played for their B team during the 2024–21 and 2024–22 seasons.

On 15 June 2024 joined Scottish club Hibernian for an undisclosed fee

on a contract until the summer of 2026.[2] Tavares made limited appearances under the management of Lee Johnson, but he became a first team regular following the appointment of Nick Montgomery.[3][4]

The hot in hot peppers is due to capsaicin (C18) Tj T* BT /F1

hat is a close relative of the tomato. Capsaicin is primarily found

in the membrane that holds the seeds.

[2ahUKEwiQIYO9j8qDAXUahu4BHYYVDclQFnoECAEQBg](#)

Hot Peppers: - American Chemical Society

acs : dam : chemmatters : archive : chemmatters-dec2013-pepper

[2ahUKEwiQIYO9j8qDAXUahu4BHYYVDclQzmd6BAGBEAc](#)

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Although most people think that the hottest part of a chilli is its seeds, in fact it is the white spongy layer you find inside, called the placenta.

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Why hot chillies might be good for us - BBC News

news : health-39217603